

Appendix 1-Questionnaire

The following items are the questions included in the questionnaire

Positive questions						
	Question	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
Q1	Programmed schedules for studying in a specific and constant library-study hall had an essential role in overcoming the high load of mandatory texts to be read					
Q2	The feeling of being prominent among academic peers was effective in my success					
Q3	A sense of passion and support for the university in competition with the rest of the country was an important driving force for my success					
Q4	Parental support had a major impact on my success					
Q5	Spouse support was a main supporting factor in my success					
Q6	It was an important factor for me to obtain a leading rank in the exam					
Q7	The Positive role of the board exam in my career future was an important factor					
Q8	The positive effect of the board exam success on marriage fate affected my success					
Q9	The daily scheduling for studies and the periodical in-training exams had a determining role in overcoming the high load of the mandatory texts to be read					
Q10	The motivational support sessions and the guidance from my mentor had significant effects on my success					
Q11	The support team sessions and the personal motivational and psychological support from the department manager had significant impacts on my success					
Q12	The potential stress due to the impact of exam results on the future fate of marriage in single people was determining for me					
Q13	The potential stress posed by the exam results on the future of the fate of the family (spouse and children), was a major determinant for me					
Q14	Career-related stress had a significant effect on my performance on the exam					

Q15	Incidents related to the COVID-19 Pandemic significantly affected my performance on the exam					
Q16	Due to the COVID-19 pandemic, there were multiple changes in the exam schedule; which significantly impressed my performance					
Q17	Social media and cyberspace significantly helped me implement the step-by-step inclusive program and in creating the support milieu					
Q18	Psychological stress caused by uncertain exam schedule and fate due to COVID-19 significantly affected me					
Q19	Stress caused by the educational programs of the department had a major effect on my performance					